

SANDWICHES, BURGERS & then some

* Tuna Wrap with Five Spice Aioli

sesame coated fresh tuna, snow peas, matchsticked carrots & tatsui wrapped in a flour tortilla

A Serious Lobster Roll

fresh north atlantic lobster warmed in buttery lobster stock on top split brioche bun, served with green salad

* Grilled Hamburger

family farm raised angus ground beef on toasted roll, add lettuce, tomato or onion
(add cheese – aged cheddar, fontina, crumbled blue, aged gouda, american – for 1, add applewood bacon or avocado for 1.5)

Chicken BLT with Guacamole

grilled free-range chicken breast, applewood bacon, guacamole, lettuce & tomato, spicy aioli on onion focaccia

Crock of Beef Chili & the Fixings

family farm raised angus ground beef chili topped with aged cheddar & fontina cheese plus diced jalapeños, served with tri-color corn chips, red & green salsas

Fresh Fish Tacos & Green Salad

grilled cod, shredded cabbage, guacamole, pico de gallo & chipotle cream in flour tortillas, served with red & green salsas

SIDES

Celery Root-Fennel-Apple Slaw

French Fries or Onion Crisps

Spinach with Garlic

Guacamole & Salsa with Tricolored Chips or Plantains

Our meats & poultry, fish & shellfish are free of antibiotics, hormones & preservatives when possible (which is almost all of the time).

* This menu item can be cooked to order. Consuming raw or undercooked meats, seafood or fish may increase your risk of food-borne illness, especially if you have certain medical conditions.

*  Wellness Challenge Approved (wfeh.org)